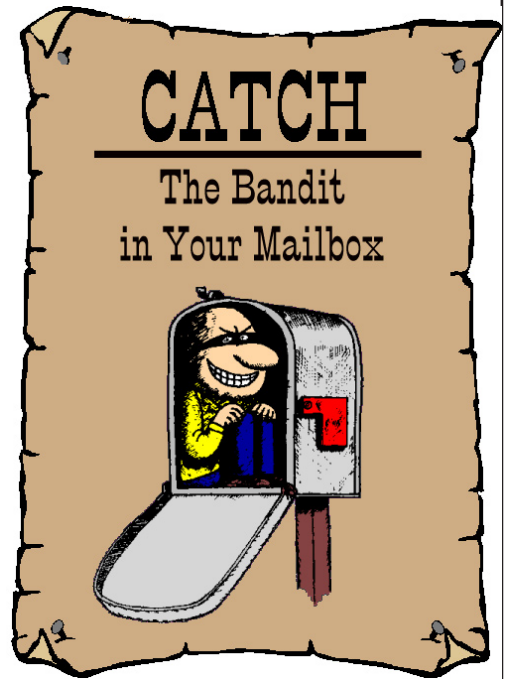


Spam is a source of frustration for all email users. Only the very lucky few don't have trouble with junk mail clogging up their in-boxes. Some junk mail is easily identifiable. You know the ones, the ones pushing you to get a loan, buy prescription drugs, etc. Some others aren't as easy to spot.

EMAIL AND SPAM HOAXES, CONS & OUTRIGHT THIEVERY!



Some spam comes to you from friends, family, co-workers, etc. who have the best of intentions. Say they got an alarming email about a new wave of carjackings in the area and want you to be safe. They feel they are helping you out and doing you a favor to be wary of what might be going on. However, many of these emails are just frauds or hoaxes.

Fortunately, there is one place to go to find out instantly if what you're reading is real or not real. This website is called www.snopes.com. Any time and every time you receive an email that provokes any kind of emotional or take-active type action (including forwarding the message), please use this site as an educational resource to let you know whether or not something you've received is real or just another urban legend.

Email Forwarding

Ever wonder how you started getting spam emails? There's a good chance that your friends and relatives have contributed to your woes, and you to theirs.

Have you ever received a forwarded email from a friend of relative, you know, the one that says "Send this to 9 other people within the next 10 minutes and you'll re-

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ceive good fortune” or “Microsoft is giving away free computers!”, etc. Generally, most ask that you forward the emails on to people that you know, and you’ve done so, right?

By ‘forwarding’ emails, or by sending out emails to multiple people in the ‘To’ field, you are exposing their email addresses, and yours, to anyone who happens to read that email. “So what?” you ask. The ‘what’ is that companies that spam often have hundreds, even thousands, of email accounts just looking to be sent emails like this so that they can harvest your email address along with everyone else’s contained within the email for their own nefarious purposes. But you can stop them cold. It’s actually quite simple.

Don’t forward, ever. Let me repeat that. Don’t. Forward. Ever. If there is something funny, something useful, something that you are just dying to share, COPY and PASTE the quip into a new email window. Just the info...do NOT paste all of the email addresses that you see! That’s the whole point of this exercise...to eliminate the spam.

Once you have the information in the new email, address it to your friend or relative. Or, if you are going to address it to multiple people, use BCC (not CC) instead of the “TO:” field. If you put multiple addresses in the “TO:” field, and someone forwards it on, you’ve just helped the email harvesters! Don’t do it. Choose BCC instead, and NONE of the email addresses will be seen by any future recipients.

Consider this...if everyone copied and pasted instead of lazily using the forward button...if everyone used BCC to send out email to bunches of people...the level of spam would decrease by epic proportions. Start today. Help yourself. Help your customers, your friends and your relatives.

Spam

You’ve read about Email Hoaxes and Forwarding; this relates into one big problem...SPAM.

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Spam filling your inbox is a huge headache. You are forced to scan through your subject lines trying to determine if something is valid and then occasionally having to click an email open to make sure you're not missing something important, only to find that it's another ad for something you don't want or need in your life.

Here @foregosystemsinc we've recognized that even if you try and follow the guidelines to keep your email address from getting on spammer lists that you still may have trouble with the amount of junk mail you receive. Because of this we have implemented software on our mail server that has been effective at eliminating over 90% of the junk mail that comes to our server. If we are hosting your email address you can be assured that a lot of the junk you would be receiving is no longer making it to you!